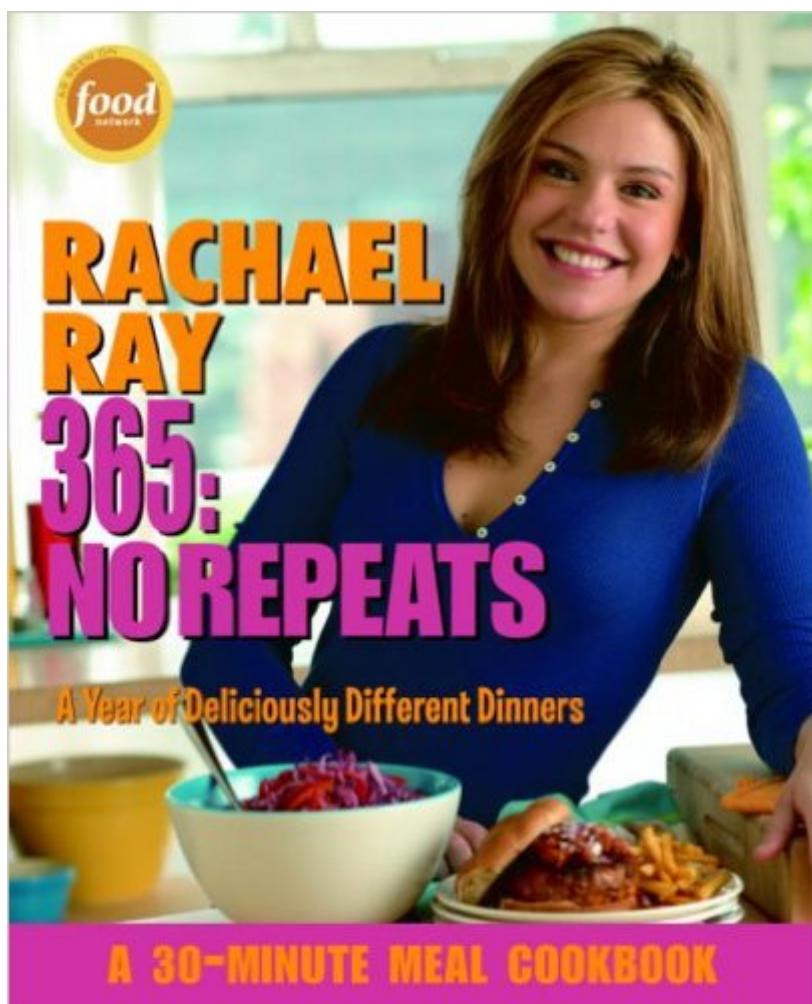


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Rachael Ray 365: No Repeats--A Year Of Deliciously Different Dinners (A 30-Minute Meal Cookbook)



Synopsis

Even your favorite dinner can lose its appeal when it's in constant rotation, so mix it up! With her largest collection of recipes yet, Food Network's indefatigable cook Rachael Ray guarantees you'll be able to put something fresh and exciting on your dinner table every night for a full year... without a single repeat! Based on the original 30-Minute Meal cooking classes that started it all, these recipes prove that you don't have to reinvent the wheel every night. Rachael offers dozens of recipes that, once mastered, can become entirely new dishes with just a few ingredient swaps. Learn how to make a Southwestern Pasta Bake and you'll be able to make a Smoky Chipotle Chili Con Queso Mac the next time. Try your hand at Spring Chicken with Leeks and Peas and you're all set to turn out a rib-sticking Rice and Chicken Stoup that looks and tastes like an entirely different dish. As a best-selling cookbook author and host of three top-rated Food Network shows, Rachael Ray believes that both cooking and eating should be fun. Drawing from her own favorite dishes as well as those of her family, friends, and celebrities, she covers the flavor spectrum from Asian to Italian and dozens of delicious stops in between. Best of all, these flavor-packed dishes will satisfy your every craving and renew your taste for cooking. With so many delicious entrees to choose from you'll never have an excuse for being in a cooking rut again. How about a brand-new 30-minute dinner every night for an entire year? Tired of making the same old same old, week after week after week? With Rachael's most varied and comprehensive collection of 30-minute recipes ever, you'll have everyone at your table saying "Yummolà • all year long. It's amazing what a half hour can do for your tastebuds à 365 days a year!

Book Information

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Customer Reviews

I agree that this is Rachael's best and most diverse collection of recipes to date. I actually did a rough count of the recipes by the protein or main ingredient. This is approximately how the recipes stack up: 53 meatless (many do contain cheese, however), 11 lamb, 4 egg, 8 ground turkey, 21 ground beef, 80 chicken, 21 beef (steaks, London broil, etc.), 5 ground pork, 16 pork (chops, tenderloin), 9 turkey (cutlets), 10 ground chicken, 29 fish (halibut, cod, swordfish, salmon, tuna), 11 veal (ground, cutlets, etc.), 30 shellfish (shrimp, crab, mussels, scallops, calamari), and 48 sausage, etc. (ham, prosciutto, chorizo, Italian sausage, breakfast sausage, bacon, salami, pancetta, etc.). According to the listings in the front of the book, there are 48 pasta dishes, 33 soups and 20 burgers. I may have miscounted a few, but I think these numbers are fairly close. Perhaps some reviewers got the impression that the ingredients were repetitive because of the technique Rachael sometimes (but not always) uses of providing a master recipe with variations by swapping out ingredients. For instance, there is a master macaroni and cheese with broccoli recipe, followed by macaroni and smoked gouda with cauliflower, Tex-Mex mac and cheddar (with ground beef) and a chipotle mac and cheddar with chorizo and tomato. While many of the recipes are Italian or Italian influenced, reflecting Rachael's heritage, with Tex-Mex following closely behind, there are also Spanish, Cuban, Indian, Chinese, Thai, Japanese, French, Cajun, Greek, German, and Caribbean influenced recipes as well. There is also plenty of "American" fare as well, although there are fewer traditional "comfort food" dishes in this book than there are in some of her other collections. The subtitle of the book is a hint at that.

I have read some of the reviews here and there seems to be a consensus that Miss Ray has a very chirpy and annoying personality. I have not had the opportunity to ever watch her show, so I am totally unfamiliar with her persona. So, I basically walked into the Rachael Ray world without an opinion one way or another. I originally avoided her books simply because I like fussy cooking and thought a thirty minute cookbook would be full of convenience foods and probably not very interesting. Lo and behold, my work schedule changed a few months ago and I no longer had the long, leisurely hours to cook - I found myself getting into a total rut - cooking the same quick foods again and again and again. So, I decided to take a gander at Rachael Ray's books and see what the fuss was about. My busy schedule is no longer an excuse to be in a cooking rut! This is a nice

book full of clever ideas. I immediately sat down and skimmed through it, looking for recipes that would appeal to my family (I like the little check boxes next to each recipe that allow you to mark off the ones you want to try and the ones that are a 'keeper'). So far, everything I've cooked from this book is a 'keeper'! There are not that many convenience foods featured - simply real food. We've enjoyed the Rosemary-Orange Pork Chops with Lemon-Butter Broccolini, Chicken in Mustard Sauce with Asparagus, Ricotta Pasta with Grape Tomatoes Peas and Basil - and more. One of the highlights of this book is the 'master recipes' - which can then be changed to create a 'new recipe' by altering ingredients. Although this may appear like a cheater's way to get in a few recipes, it truly helps to inspire creativity in the kitchen. And yes - the food CAN be done and on the table in 30 minutes!

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